IF LOVE is a GAME, THESE are the RULES

Ten Rules for Finding Love and Creating Long-Lasting, Authentic Relationships

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1. YOU MUST LOVE YOURSELF FIRST
   Your relationship with yourself is the central template from which all others are formed. Loving yourself is a prerequisite to creating a successful and authentic union with another.

2. PARTNERING IS A CHOICE
   The choice to be in a relationship is up to you. You have the ability to attract your beloved and cause the relationship you desire to happen.

3. CREATING LOVE IS A PROCESS
   Moving from “I” to “we” requires a shift in perspective and energy. Being an authentic couple is an evolution.

4. RELATIONSHIPS PROVIDE OPPORTUNITIES TO GROW
   Your relationship will serve as an unofficial “lifeship” in which you will learn about yourself and how you can grow on your personal path.

5. COMMUNICATION IS ESSENTIAL
   The open exchange of thoughts and feelings is the lifeblood of your relationship.

6. NEGOTIATION WILL BE REQUIRED
   There will be times when you and your partner must work through impasses. If you do this consciously and with respect, you will learn to create win-win outcomes.

7. YOUR RELATIONSHIP WILL BE CHALLENGED BY CHANGE
   Life will present turns in the road. How you maneuver those twists and turns determines the success of your relationship.

8. YOU MUST NURTURE THE RELATIONSHIP FOR IT TO THRIVE
   Treasure your beloved and your relationship will flourish.

9. RENEWAL IS THE KEY TO LONGEVITY
   Happily ever after means the ability to keep the relationship fresh and vital.

10. YOU WILL FORGET ALL THIS THE MOMENT YOU FALL IN LOVE
    You know all these rules inherently. The challenge is to remember them when you fall under the enchanting spell of love.

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